



Jodi Bower MSPT

Jodi Bower, MSPT graduated from Grand Valley State University in 2000 with her Master's in Physical Therapy (MSPT) after completing her Bachelors in Health Science with Health Care Administration emphasis in 1997 from GVSU. While working at Johnson Controls Medical Facility as Clinic Director, she attended several continuing education courses from the University of St. Augustine's Manual Therapy program. She completed these courses in October 2006 and began carrying these advanced orthopedic manual therapeutic skills over to multiple rehabilitation sites as a Coverage Physical Therapist. Various sites and patients benefitted including outpatient facility clients, skilled nursing facility clients, hospital/acute care and home bound clients. Recognizing

that patient's physical dysfunction is benefited from continuous monitoring and manual techniques, she chose to no longer cover multiple locations, but to use her skills within a Chronic Pain Rehab setting and homecare as needed.

Jodi joined the Synergy PT group in April 2010 to utilize those advanced manual therapeutic skills in a multi-discipline group setting. As a life-long sports participant and health & nutrition advocate, she welcomes open communication and patient dialogue to restore optimal function for the whole body. This may be achieved through

improved musculoskeletal conditioning or neuromuscular function by changing posture or simple body mechanics changes. It may be to educate to assist with household daily activities. It may be to give strength & conditioning exercises to assist with gardening or yard work. It may improve driving tolerance or even improve optimal sporting activity levels and function whether that is to improve reading posture, or body mechanics education for cleaning, or returning to low impact sporting levels such as walking or swimming.

Synergy Physical Therapy Group is a leader in West Michigan in manual therapy and management of orthopedic and chronic pain conditions. Our Big Rapids location also specializes in aquatic therapy.

LOCATIONS

Synergy PT at MPC Big Rapids

15044 220th Ave
Big Rapids, MI 49307

Synergy PT at MPC Heritage Pointe

2060 East Paris Ave
SE #200,
Grand Rapids, MI
49546.

Synergy PT at MPC Holland

844 Washington Ave
#100
Holland, MI 49423

Synergy PT at MPC Lakeshore

1675 East Mount
Garfield Road #135,
Muskegon, MI 49444

Synergy PT at MPC South

2147 Health Drive SW
Wyoming, MI 49519

