

Expo-West



Living with Arthritis

Date: June 10, 2017

Time: 8:30 a.m. – 12:15 p.m.

Location: Spartan Stores YMCA
5722 Metro Way, Wyoming, MI 49519

Who: Program targets people who are living with arthritis, family members, caretakers and health service providers. The program is FREE, open to the public and will have a vendor exhibit. Facility can accommodate 150 people. Light refreshments provided by Spartan Nash Stores.

Agenda:

- 8:30 a.m. Registration Opens
- 9:00 a.m. Welcome
 - Arthritis Foundation
 - YMCA
- 9:15 a.m. Pain Mechanisms & Types of Arthritis
 - **Dr. Joe Vanden Bosch** Michigan Pain Consultants
- 10:15 a.m. Breakout Session 1
- 11:15 a.m. Breakout Session 2
- 12:05 p.m. Program Ends

Breakout Session 1 options: (10:15 – 11:05)

- **Kristy Vandriessche** Physical Therapist from Metro Health
- **Sarah Van Eerden** Registered Dietitian from Spartan Stores YMCA
- **Dr. Eric Kozfkay** Michigan Pain Consultants

Breakout Session 2 options: (11:15 – 12:05)

- **Kristy Vandriessche** Physical Therapist from Metro Health
- **Sarah Van Eerden** Registered Dietitian from Spartan Stores YMCA
- **Dr. Eric Kozfkay** Michigan Pain Consultants

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